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# Alamkāras in the Stotras of Utpaladeva

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The concept of alamkāra in Sanskrit poetics is marked with a comprehensive approach to arts. Bharatamuni says that there are two aspects of creativity in art - svabhāva and alamkāra. (NŚ, XXXIII.6.) The former indicates natural acquisitions and the latter extraordinariness attained through practice and devotion. In a dramatic performance they culminate into the renderings of lokadharmī and nātyadharmī, and in literature into svabhāvokti and vakrokti. By etymology the term alamkāra (making perfect) stands in agreement with this approach. Amarakośa has given four meanings of the term alam-, i.e. bhūşaņa (decoration or embellishment), vāraņa (negation or elimination), paryāpti śakti (sufficiency) and (power). (alam bhūşaņaparyāptiśaktivāraņavācakam — Amarakośa III.3.252; Mā sma mā alam ca vāraņe— Amarakośa. 3.4.11.). They are related to surface structure, deep structure and deeper structures in an art form. They are not isolated. The process of beautification (bhūṣaṇa) starts from the outer structure and basically related to the form, but it is always linked to the content. This linkage necessitates the activity of elimination or exclusion (vāraņa) and both these processes of bhūsaņa and vārana work together to bring in paryāpti (sufficiency). Thus, a piece of art attains the state of fulfilment through *bhūsana*, *vārana* and *paryāpti* and in this attainment lies its *śakti*.

The *alamkāra* involves this fourfold view of *alam*, resulting in a holistic view of art. The triple process of *bhūṣaṇa*, *vāraṇa* and *paryāpti*, with the fourth element of *śakti* embedded as an inherent force, tends to make an artistic creation extraordinary and this extraordinary nature of art is *alamkāra*. The *ācāryas* (masters of literary theory) have termed it as *alambhāva* or *alamkāra-bhāva*. Abhinavagupta says: *lokottīrnena rūpeṇa avasthānam iti ayam eva asau alamkārabhāva*h. Remaining in the state of extraordinariness is essence of *alamkāra*. (*Locana* on *Dhvanyāloka*, Varanasi edn., p. 499.)

In this completeness, each and every category in an art piece would compete with the other ones in an ascending order for creating excellence. It is this ascendance of various components of poetry that Kuntaka terms as *parasparaspardhādhiroha* (*vakratāvividhagunālamkārasampadamparaspara*-

spardhādhirohāh — Vakroktijīvitam, p. 10.) — a process in which various components of poetry vie with each other to enhance the charm of poetry and to make it reach the peaks of excellence. This manifestation of alambhāva or alamkāra-bhāva in literature or a piece of art encompasses all the three levels of human existence, i.e. ādhibhautika (empirical), ādhidaivika (psychic) and *ādhyātmika* (spiritual). The creative process under bhūşaņa, vāraņa and paryāpti functions on these three levels respectively. Therefore, alamkāra in literature and art must unfold a holistic view of life that functions on all these three levels, and it would reveal the extraordinary nature as discussed above only after completing its functions on all these three levels. Abhinavagupta, commenting on the very first kārikā of the NS, says that the use of anuprāsa (alliteration) in the compound pitāmahamaheśvarau (meaning Brahmā and Śiva) is to please both these gods. That means that besides devotion, the beauty of expression is also required to be blessed with anugraha. The concept of alamkāra thus tends to make an art form an abode of divine.

The nature and choice of *alamkāras* in metaphysical poetry or in a *stotra* would differ from their use in secular literature sringārakāvya or  $v\bar{v}ra-k\bar{a}vya$  (romantic or heroic poetry). In metaphysical poetry or in a *stotra*, use of *virodha* or *virodhābhāsa* (contradiction) *alamkāra* may be more meaningful than mere employment of *alamkāras* like *Upamā* (simile). It would seem contradictory in itself that the poetry that tends to remove all contradictions of life, itself abounds in the use of contradiction. Contradiction becomes effective to describe the Reality that cannot be encompassed in the ambit of ordinary language. In such cases it culminates into a paradox. This happens in many of the *Upanişadic* sayings. For example:

## Pūrņamadah pūrņamidam pūrņātpūrņamudacyate. Pūrņasya pūrņamādaya pūrņamevā vašisyate.

(Brhadāraņyaka Upanişad)

It is full, that is full. Being full, it is enjoined with full. From full, taking out full from the full, full itself remains.

Or

#### Tad ejati tan nejati tad dūre tad u antike. Tad antarasyasarvasya tad u sarvasyabāhyata<u>ḥ</u>.

That moves, that moves not. That is far off, that is very near. That is within all this and That is without all this  $-I\dot{s}a$ (pitāmahamaheśvarau Upanisad iti kramah chekānuprāsārthah). Virodha as a figure of speech occurs in the statements regarding coexistence of two opposite attributes in one stratum. Mammata has adumbrated ten varieties of virodha on the basis of permutations and combinations of contradiction between jāti (universal), guņa (quality), kriyā (action) and yadrcchā (substance) (KP, X.110-11a: 407-08.). These ten varieties encompass a cosmic view of virodha. Some theoreticians have upheld the view that Virodha and Virodhābhāsa are two different alamkāras, with the distinction that the contradiction stands unresolved in the former whereas it is just apparent in the latter and finally resolved. In fact, be it virodha or virodhābhāsa, the contradiction in this alamkārais not real. In the terms of Vedānta, it is a prātibhāsikasattā.

Sometimes the descriptions of transcendental reality requires the combination of Sleşa (pun) or  $R\bar{u}paka$  (metaphor) with *Virodha*. Such combinations then assume a unique character. The Sleşa or the  $R\bar{u}paka$  must then come as subservient to *Virodha* in such cases. This type of combination, termed as *angāngī-bhāva* by the masters of literary theory, would invest a poem, especially a *stotra*, with a unique character, making it distinct from the other forms of literature.

Instances of such use of Virodha Alamkāra abound in Utpaladeva's *stotra*s. He employs this *alamkāra* to bring out the extraordinary nature of metaphysical experience. For example:

#### ātmā mama bhagavadbhaktisudhāpānayuvāpi san. lokayātrārajorāgatpalitairivadhūsaraḥ. — Bhaktivilāsa

My soul, even being young by drinking the elixir of devotion to the Lord, appears as if dusty with grey hair, due to the  $r\bar{a}ga$ (colour, attachment) of the *rajas* (dust, *rajoguņa*) during the course of the journey in this world.

This is an example of Virodha Alamkāra based on contradiction between gunas (qualities). Youth and the old age

are two opposite gunas, they are shown to be present in one entity (the  $\bar{a}$ tman). This makes the poem an example of contradiction. But this contradiction is substantiated by Ślesa in the word rajorāga — to suit the double context of the *lokayātrā* (journey in this world).

In difference to the view that  $\bar{a}tman$  is nirguna(devoid of qualities), Utpaladeva apparently juxtaposes youth and old age simultaneously in one substratum, bringing out the sound effect of devotion to the Lord (*bhagavad bhakti*). The *krt*- suffix *śatr* joined to the root *as* (to be) in the words *yuvā 'pi san* emphasizes over the continuity of youth through devotion, whereas the word *iva* (as if) added in the statement on the old age suggests that the contradiction is not a part of the Reality. Despite the apparent contradiction of youth and old age manifesting in  $\bar{a}tman$  simultaneously, Utpaladeva has carefully phrased this situation to bring out a resolution. The contradiction is further resolved due to subtle use of *utprekṣā* in *palitairivadhūsarah*(appears as if dusty with grey hair). The  $\bar{a}tman$  is neither young nor old, it appears like that during the course of the journey in this world.

Śleşa as an *alamkāra* is of two types — Ś*abda-śleşa* (based on word) and *Artha-Śleşa* (based on the meaning). Here Utpala has used the former, as the double meaning of the word *rajorāga* can be conveyed only through the use of this particular word.

The  $\bar{a}c\bar{a}ryas$  like Mammata also uphold the view that Sabdaślesa culminates into simile. The *rajas* or dust gathered due to the journey in this world thus becomes comparable to *rajoguņa*. This fusion of Śabda-ślesa and the Upamā with Virodha here creates deep structures of metaphysical and philosophical speculations. The very imagery of  $\bar{a}tman$ being continuously invested with youth, and yet appearing as an old person, is suggestive of the fact that the journey in life does afflict the sādhaka (devotee) with its tinge of colours, but the grace of the Lord will continue to be showered on him.

Utpala makes skilful use of *Virodha* with other *alamkāras* to bring out his philosophy in many other stanzas in *Bhaktivilāsa-Stotra*. Virodha in such cases stands as *angī* or main figure of speech whereas *alamkāras* based on similarity or pun come as the *angas* or subservient to Virodha to substantiate the premises of the poet. Let us take up another example:

#### jayantibhaktipīyūsarasāsavavaronmadāḥ. advitīyāapisadātvaddvitīyāapiprabho. — Bhaktivilāsa

Victorious are they who are intoxicated by *bhaktipīyūşarasāsavavara* (the best quality essence of the wine of the nectar of devotion). They are *advitīya* (single, unique) and even then, they are always *tvaddvitīyā* (accompanied by you).

There is a metaphor in *bhaktipīyūşarasāsavavara* (the excellent essence of the wine of the nectar of devotion). The effects of the intoxication of wine can terminate the discretion and the discriminatory powers of a person. Here the *bhaktipīyūşarasāsavavara* leads to the termination of duality. The complexity of dualism and non-dualism going together is emphasized by the use of *virodha alamkāra*. Here too, Śabdaśleşa and Rūpaka support Virodha to project the uniqueness of

experiences arising out of devotion to the Lord. In the same way, the experience of seeing the Lord when there is complete annihilation of all objects of knowledge has been brought out in the following stanza:

nāthavedyakşayekenanadr̥śyo 'syekakaḥsthitaḥ. vedyavedaikasanksobhe 'pyasibhaktaiḥsudarśanaḥ.

— Bhaktivilāsa

Lord, who will not see you as the One standing alone, after the complete annihilation of all objects of knowledge? After all the subject and object are merged together, you are to be sighted easily.

If the seer and the seen are merged together, how can the Lord be seen easily? This contradiction in the statement cannot be resolved unless the stanza is considered to be having a tinge of BhāvikaAlamkāra. The quality of a literary discourse leading the connoisseur to a clear perception is Bhāvika Alamkāra. The happenings of past and things to happen in future are portrayed so vividly that the reader is able to see them. Defining *Bhāvika Alamkāra* in his *Kāvyālamkāra*, Bhāmaha says:

*Bhāvika* is that quality of a literary discourse where things of past and future are perceived as if by eyes. It is caused by variety, sublimity and dramatic quality of a narrative as well as by the clarity of words.

Tad bhāvikamitiprāhuḥprabandhaviṣayamguṇam. Pratyakṣaivadɣśyanteyatrārthāḥbhūtabhāvinaḥ. Citrodāttādbhutārthatvamathāyāḥsvabhinīyatā. Śabdānākulatā ca ititasyahetumpracakṣate. — Kāvyālamkāra III.53-54

Dandin understands *bhāva* as the intention of the poet. The theme is grand, and speech and expressions match it, so that everything becomes subservient to the intention of the poet.

Bhāvaḥkaverabhiprāyaḥkāvyeṣuāsiddhisamsthitaḥ. Parasparopakāritvamsarveṣāmvastuparvaṇām. Viśeṣaṇānāmvyarthānāmakriyāsthānavarṇā. Vyaktiruktikramabalādgabhīrasyāpivastunaḥ. Bhāvāyattamidamsarvamiti tad bhāvikamviduḥ. — Kāvyādarśa II.364-65

Later authors have viewed Bhāvika as unfolding of the vision of past and future leading to realization. Ruyyaka says that the past and the future become alive before our eyes through Bhāvika— they become perceptible and we stand witness to them (*Alamkāra-Sarvasva, sūtra 80, p. 328.*). Appaya Dīkṣita defines it as *bhūtabhavyārthasākṣāddarśanavarṇanam* (direct vision and narration of the past and the future). Āśādhara Bhaṭṭa in his commentary on *Kuvalayānanda* defines *bhāva* in Bhāvika as *sākṣātkāra* (vision) — *bhāvāyasākṣātkārāyaprabhavati iti bhāvikam*. Ruyyaka also says that there are two types of correspondences in poetry — subjective and objective — *hŗdayasamvāda* (empathy) and *vastu-samvāda* (objective visualization).

In Rasavadalamkāra we have hrdaya-samvāda and in svabhāvokti there is vastu-samvāda. But in Bhāvika it is neither

vastu-samvāda nor *hrdaya-samvāda*; it is clear perception. The masters of literary theory have used the term *sākṣātkāra* for the experience of poetry having *bhāvikaalamkāra*. The same term is used in Śaivism and Vedānta to define the mystic experience. The mystic poems as that of Utpala lead to a perception beyond time and space, and thus they illustrate *bhāvikaalamkāra*.

Asaṅgati (incongruity or disconnection) is another important *alaṁkāra* of the group of *alaṁkāras* based on contradiction. It is used for situations involving non-applicability of the rules of cause and effect, etc. Asaṅgati is often used to bring a sense of *saṅgati* (connection). Śobhākaramiśra has enumerated eight types of asaṅgat is enveloping a vast spectrum of time and space. They are: (i) the effect manifests elsewhere, (ii) the effect that should to have been at two different places manifests at one place; (iii-iv) the effect manifests earlier, or manifests with the cause, (v) the effect manifests much later; and (vii-viii) the effect belonging to this world is found in another world and vice versa. (*Alaṁkāra-Ratnākara, sūtra 55, p. 96*)

Utpaladeva explores the disconnections or connections between the causes and the effects through *asaṅgatialaṁkāra* with a view to establish the uniqueness of metaphysical experiences. The following stanza from his poem is a good example of *asaṅgatialaṁkāra* —

Citramnisargatonāthaduḥkhabījamidammanaḥ. Tvadbhaktirasasamsiktamniḥśreyasamahāphalam.

— Bhaktitavilāsa 24

Strange as it is, O Lord, that my mind — a seed of sorrow by nature — has yielded the great fruit of salvation.

The *asangatialamkāra* here joins hand again with a complex metaphor, wherein the mind is the earth, sorrow is the seed sown in it, *bhakti* (devotion) is the rasa (water, bliss) and *niḥśreyasa* (salvation) is the *mahāphala* (great fruit).

In fact, we do not find singular usages of *alamkāras* in this type of poetry, as one *alamkāra* would be joined invariably by other members of its group or the other group. This becomes necessary due to the complexity and unique character of the experiences that are to be delineated in devotional and mystic poetry. *Rūpaka* assumes a distinct character, supported by an *alamkāra* like *Vyatireka*. The following stanza combines a number of *alamkāras* to bring out the unparalleled nature of Lord Śiva:

Vśvendhanamahākṣārānulepaśucivarcase. Mahānalāyabhavateviśvaikahaviṣenamah.

— Sarvātmaparibhāvana

Salutations to you, O Big Fire, consuming the offering of the whole Universe, and with your body having become pious by smearing the ashes of the firewood of this world.

Rūpaka is the main *alamkāra* here, supported by Virodha Alamkāra. The metaphor of the world as a fuel incorporates the contradiction or Virodha Alamkāra, i.e. that the Lord is pious even when he smears his body with the ashes of this fuel. The metaphor of *mahānala* (great fire) is also suggestive of *Vyatireka Alamkāra*, as it implies that Lord Śiva exceeds an

ordinary fire. Again, the metaphor and Vyatireka in the second line are supported by another metaphor of viśvaikahavih — that the world is a *havih* (oblation) for the great fire that is Siva. The whole stanza is also an example of Parikara Alamkāra. Parikara Alamkāra manifests by the appropriate use of adjectives. There three adjectives used here for Lord Siva are viśvendhanamahāksārānulepaśucivarcas, mahānala and viśvaikahavih. All of them suitably bring out the distinct nature of the Lord. Also, as the adjectives so suitably used to describe Lord Siva are all suggestive of his extraordinariness and grandeur, the stanza is also characterized by Udātta Alamkāra. In fact, Utpala's poetry subtly breathes in the mixture of such alamkāras like Parikara, Udātta with Rūpaka. It is the vision of the divine that leads to the expressions structured with alamkāras like Virodha, Parikara, Udātta, Rūpaka and Vyatireka- with implications of Atiśayokti. Such specific combinations of alamkāras distinguish the poetry of mystics like Utpala from other types of literary compositions. The alamkāras employed in such poetry present a feast of contradictions that invariably and unmistakably culminates in the state of bliss. The contradictions then become the vehicles for a journey to travel beyond the mundane. A glimpse of the transcendental can be had through the scope created by contradictory statements, such as:

Sahasrasūryakiraņādhikaśuddhaprakāśavān. Apitvamsarvabhuvavyāpakoapinadrśyase.

– Praņayaprasāda 19

Having pure brilliance more than the rays of thousands of suns, you are not visible even when you pervade all the cosmos.

This leads us to distinguish the specific nature of *alamkāras* and the types of *alamkāras* that are used in the *stotras* of the philosopher poets, like Utpaladeva.

The following stanza 14 from *Sarvātma-Paribhāvana-Stotra* presents a combination of *Rūpaka* and *Udātta*:

#### Tateşuevaparibhrāntaihlabdhāstāstāvibhūtayah. Yasyatasmainamastubhyamagādhaharasindhave.

Salutations to thee, O unfathomed sea Lord Śiva, just by loitering upon whose banks people get unaccountable prosperities. Here also *Udātta* is anga(subservient) to Rūpaka. In all such instances, *Atiśayokti* forms the base. Ultimately, the

*sańkara* (commixture) of such figures of speech enables the poet to create divine aesthetics. The *samsrṣṭi* (fusion) of *alamkāras* like *Rūpaka, Parikara, Vyatireka* and *Udātta* leads to a *samplava* — a confluence of diverse streams forming unfathomed sea — which Utpala terms as *rāgarasa*.

Tvaccidānandajaladhescyutāhsamvittiviprusah. Imāhkatham me bhagavannamrtāsvādasundarāh. Tvayirāgarasenāthanamagnamhrdayamprabho. Yesāmahrdayāevate 'vajñāspadamīdrśāh.

— Praņayaprasāda 6-7

The drops of consciousness tricking from the Sea of Bliss that is You — why not will they be beautiful to me like nectar? O Lord, heartless are they whose hearts have not been submerged in the  $r\bar{a}garasa$  that You are. They are not subjected to the grace from you.

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